

Jonahs Project CIC provides services to young people aged 11-25 yrs who are convicted, involved or at risk of criminal activity

The Intune music programme is based on the idea of combining mentoring and music, giving young people two outlets to be able to address the issues they are facing. Each session is delivered in a holistic manner, meaning that each young person works on a one to one basis firstly with a mentor and then with the sound engineer.

Both parts of the session will revolve around reflection, the purpose of this. is to encourage the young people to take their negative past experiences, reflect on them and use them as a positive life lesson.



EXPRESSIVE ARTS AND PERSONAL DEVELOPMENT ACCREDITED PROGRAMME

**2 HOUR SESSIONS
1ST HOUR - REFLECTIVE MENTORING
2ND HOUR -MUSIC BASED REFLECTION**

ABOUT US

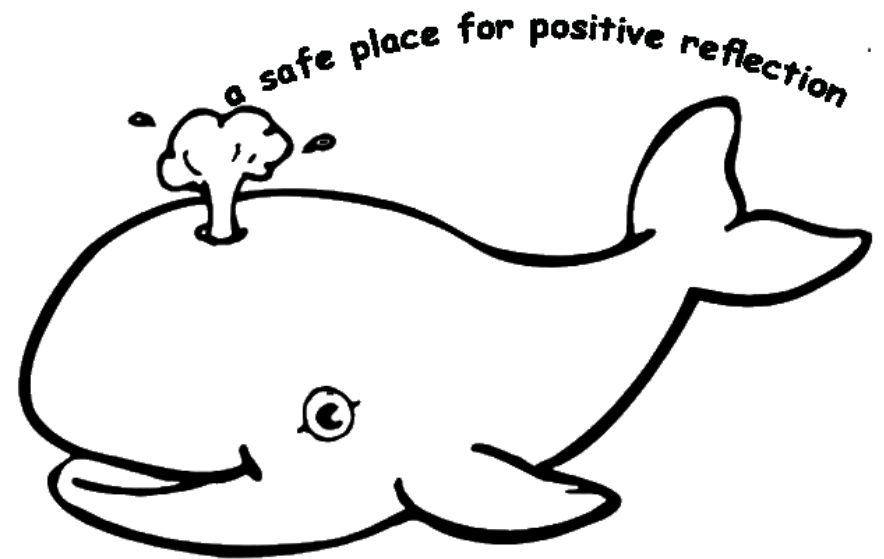
Jonah's Project – a safe place for positive reflection. Jonah's Project has based its ethos on the bible story of Jonah and the whale, although Jonah's project has no religious affiliation, morally the story suits the vision, morals and values of the company. The basic summary of the story is that God called on Jonah to deliver his word to the people and Jonah turned his back and chose the wrong path. This path led him to face God and be swallowed by a whale. Inside the whale, Jonah reflected on the choices he made and chose to make right his wrongs and go forth on to the right path. This is what we aim to do with the young people we work with, effectively we become the whale and empathically support them to turn a negative situation, issue or experience into a positive life lesson.

FOR FURTHER INFORMATION:

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Jonah's Project CIC

PRESENTS

**IN
TUNE**

**A MUSIC BASED
MENTORING PROGRAMME**